

**January 10-12,  
2020**



**Meet site:**  
Kingdom Hoops  
6095 NE Industry Dr  
Des Moines, IA 50313

**Hosted by:** Triad Gymnastics

**Sanctioned by:** USA Gymnastics

**Meet Directors:** Dan and Beth Miller

**Entry Fee:**

- \$110 Level 6-10
- \$100 Level 3-5
- \$90 Xcel Platinum/Diamond
- \$85 Xcel Bronze/Silver/Gold
- \$55 per Team

One check per club payable to Triad Gymnastics

Mail payment to:

Triad Gymnastics

c/o Triad Classic

2202 SE Creekview Drive

Ankeny, IA 50021

*Refunds will be given for injured gymnasts unable to compete until Dec. 16. Level changes accommodated as space allows.*

**Entry Deadline:** Entries must be received by Monday, Nov. 25, 2019 (we will close entries sooner if meet fills before deadline)

**Online Registration** at USAGym.org

**Awards:** Per USA Gymnastics rules & policies.

**Meet format:** Modified Capital Cup

**Equipment:** All AAI—Provided by NSGEL

**Schedule:**

Meet schedule will be posted by Dec. 16th on our website: [www.TriadGymnastics.com](http://www.TriadGymnastics.com) and [www.classicmeets.com](http://www.classicmeets.com).

**Hotels:**

Hampton Inn & Suites 515-261-4400

Courtyard By Marriott 515-422-5555

Homewood Suites 515-963-0006

*For additional information, visit:*

[www.TriadGymnastics.com](http://www.TriadGymnastics.com) and

[www.classicmeets.com](http://www.classicmeets.com).

Send questions to: [dan@triadgymnastics.com](mailto:dan@triadgymnastics.com)

**Triad Gymnastics**

**2202 SE Creekview Dr. Ankeny, IA**

**515-963-0215**