



# Fall 2019 Class Schedule

TERM = 4 CLASSES

Annual Registration Fee \$35/family

| TERM DATES       | MONDAY  | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---------|---------|-----------|----------|--------|----------|
| <b>September</b> | 2 (m/u) | 3       | 4         | 5        | 6      | 7        |
|                  | 9       | 10      | 11        | 12       | 13     | 14       |
|                  | 16      | 17      | 18        | 19       | 20     | 21       |
|                  | 23      | 24      | 25        | 26       | 27     | 28       |

| Triad Preschool Gymnastics                                                 |                                       |                                                    |                                         |                        |                          |             |
|----------------------------------------------------------------------------|---------------------------------------|----------------------------------------------------|-----------------------------------------|------------------------|--------------------------|-------------|
| <b>Boys &amp; Girls Bugaboos</b><br>(12-24 mo. with parent)<br>\$55/term   |                                       | 6:15-6:45                                          | 9:30-10:00<br>5:30-6:00                 |                        |                          | 8:30-9:00   |
| <b>Boys &amp; Girls WiggleBugs</b><br>(2-3 yrs with parent)<br>\$75/term   | 9:30-10:15<br>5:45-6:30               |                                                    | 6:00-6:45                               | 6:00-6:45              | 9:00-9:45                | 9:00-9:45   |
| <b>Boys &amp; Girls Jitterbugs</b><br>(3-4 yrs potty trained)<br>\$75/term | 10:15-11:00<br>5:30-6:15              | 5:30-6:15                                          | 11:00-11:45<br>4:30-5:15<br>6:30-7:15   | 5:45-6:30<br>6:45-7:30 | 9:45-10:30               | 10:00-10:45 |
| <b>Boys Preschool Gymnastics</b><br>(3-4 yrs potty trained)<br>\$75/term   | 5:30-6:15                             | 6:15-7:00                                          | 10:00-10:45                             | 6:00-6:45              |                          |             |
| <b>Girls Bouncy Bugs</b><br>(4 yrs.)<br>\$75/term                          | 11:15-12:00<br>4:45-5:30<br>6:45-7:30 | 5:30-6:15<br>6:15-7:00                             | 10:00-10:45<br>11:45-12:30<br>5:15-6:00 | 5:00-5:45<br>6:30-7:15 | 10:45-11:30<br>4:30-5:15 | 11:00-11:45 |
| <b>Girls Tumblebugs</b><br>(5 yrs.)<br>\$90/term                           | 4:30-5:30                             | 10:15-11:15<br>5:15-6:15<br>6:15-7:15<br>6:45-7:45 | 5:15-6:15<br>6:15-7:15<br>6:45-7:45     | 5:45-6:45<br>6:30-7:30 | 5:30-6:30                |             |

**\*\*\*Multiple REC Classes Per Child: 20% discount for 2nd class, 30% discount for 3rd class\*\*\***

|                 | MONDAY                                                        | TUESDAY                                                                                              | WEDNESDAY                                                     | THURSDAY                                                                                             | FRIDAY                                                        | SATURDAY |
|-----------------|---------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|----------|
| <b>Drop-Ins</b> | <b>LunchBunch 1</b><br>9:30-11:30am                           | <b>Parent &amp; Tot</b><br>9:00-10:00am                                                              | <b>LunchBunch 1</b><br>9:30-11:30am                           | <b>Parent &amp; Tot</b><br>9:00-10:00am                                                              | <b>LunchBunch 1</b><br>9:30-11:30am                           |          |
|                 | <b>LunchBunch 2</b><br>11:30-1:30pm<br>Ages 3-8<br>\$12/child | 12:00-1:00pm<br>\$7/child<br>ages 1-5                                                                | <b>LunchBunch 2</b><br>11:30-1:30pm<br>Ages 3-8<br>\$12/child | 12:00-1:00pm<br>\$7/child<br>ages 1-5                                                                | <b>LunchBunch 2</b><br>11:30-1:30pm<br>Ages 3-8<br>\$12/child |          |
|                 |                                                               | <b>LunchBunch 1</b><br>9:30-11:30am<br><b>LunchBunch 2</b><br>11:30-1:30pm<br>Ages 3-8<br>\$12/child |                                                               | <b>LunchBunch 1</b><br>9:30-11:30am<br><b>LunchBunch 2</b><br>11:30-1:30pm<br>Ages 3-8<br>\$12/child |                                                               |          |
|                 |                                                               | <b>Home School Open gym</b><br>1:30-2:30pm<br>\$7/child<br>Ages 3-12                                 |                                                               | <b>Home School Open gym</b><br>1:30-2:30pm<br>\$7/child<br>Ages 3-12                                 |                                                               |          |

| TERM DATES       | MONDAY  | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---------|---------|-----------|----------|--------|----------|
| <b>September</b> | 2 (m/u) | 3       | 4         | 5        | 6      | 7        |
|                  | 9       | 10      | 11        | 12       | 13     | 14       |
|                  | 16      | 17      | 18        | 19       | 20     | 21       |
|                  | 23      | 24      | 25        | 26       | 27     | 28       |

**Triad Kids Gymnastics - Recreational Gymnastics and Trumbling & Trampoline**

|                                                              |                                     |                                                                                                                                      |                                     |                        |                                |                                  |
|--------------------------------------------------------------|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------|--------------------------------|----------------------------------|
| <b>Tumble Kids</b><br>(6 yrs)<br>\$90/term                   | 6:15-7:15                           | 6:00-7:00                                                                                                                            | 4:30-5:30<br>6:30-7:30              | 5:30-6:30<br>6:00-7:00 | 4:30-5:30                      | 9:00-10:00                       |
| <b>Triad Kids 1</b><br>(Ages 7 and up)<br>\$90/term          | 4:30-5:30<br>5:30-6:30              | 4:30-5:30<br>5:00-6:00<br>7:00-8:00                                                                                                  | 4:00-5:00<br>5:00-6:00<br>6:00-7:00 | 5:00-6:00<br>6:00-7:00 | 5:30-6:30<br><i>(Kids 1/2)</i> | 10:00-11:00<br><i>(Kids 1/2)</i> |
| <b>Triad Kids 2</b><br>(Ages 7 and up)<br>\$90/term          | 5:30-6:30<br>6:00-7:00<br>6:30-7:30 | 6:00-7:00                                                                                                                            | 5:30-6:30                           | 6:30-7:30              | 5:30-6:30<br><i>(Kids 1/2)</i> | 10:00-11:00<br><i>(Kids 1/2)</i> |
| <b>Triad Kids 3</b><br>(Invitation Only)<br>\$120/term       | 6:30-8:00                           | 5:30-7:00<br>6:30-8:00                                                                                                               |                                     | 4:30-6:00<br>6:30-8:00 | 4:30-6:00                      |                                  |
| <b>Triad Kids Plus*</b><br>(Invitation Only)<br>\$120/term   | 4:00-5:30                           | <b>*Advanced class for those that have met all the requirements for Levels 1-3, but have chosen not to go the competitive route.</b> |                                     |                        |                                |                                  |
| <b>Triad Comp Kids **</b><br>(Invitation only)<br>\$140/term | 5:30-7:30                           | <b>**This class focuses on learning and mastering skills needed for a competitive team.</b>                                          |                                     |                        |                                |                                  |

**Boys Rec Gymnastics**

|                                                     |           |           |           |           |  |             |
|-----------------------------------------------------|-----------|-----------|-----------|-----------|--|-------------|
| <b>Boys Kindergarten</b><br>(5-6 yrs.)<br>\$90/term | 6:30-7:30 |           |           |           |  | 10:00-11:00 |
| <b>Heros</b><br>(7-12 yrs.)<br>\$90/term            |           |           | 6:00-7:00 | 7:00-8:00 |  | 9:00-10:00  |
| <b>Defenders</b><br>(Invitation Only)<br>\$90/term  | 6:30-7:30 | 6:15-7:15 |           |           |  | 11:00-12:00 |
| <b>Avengers</b><br>(Invitation Only)<br>\$90/term   | 6:30-7:30 |           |           |           |  | 11:00-12:00 |

**Ultimate Warrior- A mixture of freestyle movement, gymnastics, fitness, and learning to be a competitor.**

|                                                                            |                         |                        |                                            |           |  |  |
|----------------------------------------------------------------------------|-------------------------|------------------------|--------------------------------------------|-----------|--|--|
| <b>Ultimate Warrior Co-Ed</b><br>(5-11 yrs, unless specified)<br>\$75/term | 5:30-6:15<br>(ages 3-8) | 4:30-5:15<br>7:15-8:00 | 10:45-11:30<br>(ages 3-5)<br><br>5:15-6:00 | 6:15-7:00 |  |  |
|----------------------------------------------------------------------------|-------------------------|------------------------|--------------------------------------------|-----------|--|--|

**Tumbling & Trampoline**

|                                                                       |                                       |  |           |  |  |             |
|-----------------------------------------------------------------------|---------------------------------------|--|-----------|--|--|-------------|
| <b>Tumbling and Trampoline Co-Ed</b><br>(1st grade & up)<br>\$75/term | 7:00-8:00<br><i>(invitation only)</i> |  | 7:00-8:00 |  |  | 11:00-12:00 |
|-----------------------------------------------------------------------|---------------------------------------|--|-----------|--|--|-------------|

**\*\*\*Multiple REC Classes Per Child: 20% discount for 2nd class, 30% discount for 3rd class\*\*\***